

Iran Student Exchange Program SUMMER 2019



About Iran

Iran, a country with a history of over 3,000 years and home to one of the oldest known civilizations, is the 18th largest country in the world and the 17th most populated nation. Tehran is the capital and largest city of Iran. It is located in the northern part of the country below Alborz Mountains. Other large metropolitan areas include, but are not limited to, Mashhad, Isfahan, Tabriz, Shiraz, Ahwaz, Yazd and Hamadan.

The official language of Iran is Persian and the most practiced religion is Islam. Islamic social rules are therefore observed by the entire population. Nonetheless, due to various backgrounds and roots of all communities and civilizations which, in a period throughout human history, have settled in Iran, different religions, lifestyles and languages are present and actively used and practiced in this country.

Climatic and weather conditions in the country are diverse due to the vast land area that Iran covers. It is common to refer to Iran as a country of four seasons.

Culture

The art of Iran encompasses many disciplines, including architecture, stonemasonry, metalworking, weaving, pottery, painting, and calligraphy.

- Architecture

Iranians were among the first to use mathematics, geometry and astronomy in architecture. Iran has witnessed the emergence of some of the most beautiful wonders of Islamic art and architecture.

- Literature

Iran has a number of famous medieval poets, most notably Rumi, Ferdowsi, Hafez, Saadi Shirazi, Omar Khayyam, and Nezami Ganjavi. Persian language is considered one of the four main bodies of world literature.

- Weaving

Iran's carpet-weaving has its origins in the Bronze Age, and is one of the most distinguished manifestations of Iranian art. Iran is the world's largest producer and exporter of handmade carpets, producing three quarters of the world's total output and having a share of 30% of world's export markets.

Cuisine

Iranian food is some of the most delicious and fresh in its region. Due to Iran's variety of ethnic groups and the influences from the neighboring cultures, the cuisine of Iran is very diverse. Rice and bread are the staple foods of the Iranians.

There are many spices used in Iranian cuisine to flavor food. One of the traditional and most widespread Iranian spices is saffron. Tea is also widely consumed by Iranians. It is usually brewed with cardamom, cinnamon or rose petals, and served with rock candy or sugar cubes. Iran is the world's seventh major tea producer, and a cup of tea is typically the first thing offered to a guest.



Tehran University of Medical Sciences (TUMS)

Tehran University is the oldest and the highest ranked academic center in Iran. The number and size of TUMS schools have provided the university with numerous advantages, such as libraries specific for each school, specialized research laboratories, study areas, etc.

In 1956, the Faculty of Pharmacy was separated from the Faculty of Medicine and a 5-year PharmD program was established for this major. Since 1986 PhD programs have been started at the faculty of pharmacy, currently there are 10 PhD programs and one specialty are available at the faculty of pharmacy: Drug and Food Control, Medicinal Chemistry, Pharmaceutics, Toxicology and Pharmacology, Pharmacognosy, Pharmaceutical Biomaterials, Pharmaceutical Biotechnology, Pharmaceutical nanotechnology, Radiopharmacy, Pharmacoeconomics and Pharmaceutical Administration and Clinical Pharmacy.

SEP with Us

The sizable and significant space of Tehran University of Medical Sciences has enabled the university to offer numerous programs and courses within a truly wide range of medical disciplines, giving prospective students the opportunity to pursue the academic and future professional careers in the program of their desire.

This summer, various subjects are offered to you which are as following:

- . Clinical Pharmacy
- . Pharmacoeconomics
- . Toxicology
- . Pharmacognosy
- . Organic Chemistry
- . Biotechnology (biocatalysts)
- . Pharmaceutics
- .



Get-Together Party

Let's start this incredible journey with an enjoyable night of music, delicious food, warm atmosphere and new friends; Get to know the other SEPers and your fellow SEP team while you are informed about your enrolling program in details.

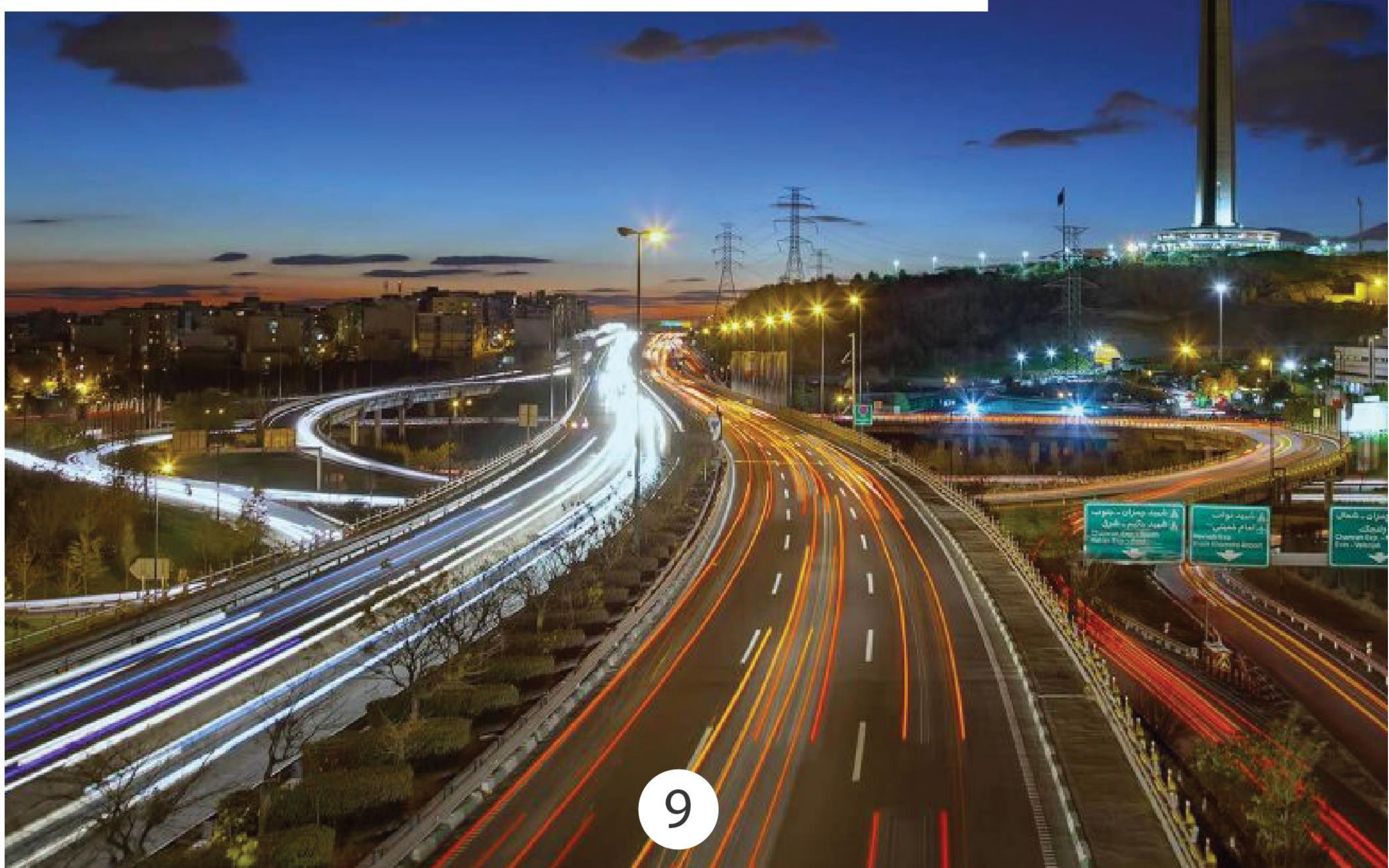
International Night

International Night will give you the opportunity to experience exquisite different cultures, discover unique Persian cuisine as well as dishes from around the globe. Also, there will be colorful costumes, folk music and traditional instruments. Don't forget to prepare a presentation that demonstrates your own unique culture.



Weekend Tour

Are you willing to get the best out of Tehran during your state ? If yes, an exciting experience is intended to bring you a memorable weekend by visiting famous local sites of Tehran, from sightseeing in “Tochal” to exploring the history of Tehran in “Golestan Palace” with our SEP team members.



Travel

Enjoy the traditional foods at local residences, observe the Milky Way in the heart of desert and wait for beautiful sunset on rooftops of Yazd city. There's also no need to explain the beauty of Isfahan and Shiraz as two most fascinating historical cities in the world with their unique Islamic architecture. Maybe a short trip to the North of Iran will be great for a little bit of sightseeing and getting familiar with the nature of Iran.

SEPers' Memories

Amelie Meillassoux, France:

Iranian people are so dedicated to their guest, they did everything they could to bring us everywhere, eating in their favorite place and seeing their favorite places in Tehran! The internship was also really interesting and with a high pharmaceutical level and all the teachers we've met where either interesting or interested to us and our pharmaceutical favorite field, which was really appreciable! Iran is such a beautiful country where you should really take time to visit, going to many cities to see all it can bring you! My favorite city is Yazd you really shouldn't miss it if you have a chance to go there.



SEPers' Memories

Maria Ahonen, Finland:

I arrived in Tehran with the aim to focus especially on the field of toxicology during my exchange program. Dr. Abdollahi and all the staff at the faculty received me very warm-heartedly and made me feel like a special guest during my stay in Iran. I was also lucky to get to know many local pharmacy students, including my lovely exchange coordinator (SEO) Leyla, who was always there for me to ensure my wellbeing. I learned about some ongoing research projects at the university and took a tour around the faculty, including the TUMS Preclinical Centre. I also spent one amazing weekend in Isfahan (and I think that I actually left a piece of my heart there).

SEPers' Memories

Maria Tomas, Portugal:

Last summer I did SEP in Iran during three weeks in Clinical Pharmacy. The internship consisted in hospital rounds in Sina Hospital, Tehran. I also had the opportunity to have some theoretical classes in the field of pharmacotherapy, to attend to surgical procedures and to visit a community pharmacy. All the educational program was very well organized and complete.

My SEP in Iran was a very enriching experience for me both in a personal and academic level. Iran is a completely different country comparing to Portugal and it was a challenge for me getting out of my comfort zone. Iranians are very kind, friendly and helpful so they made me feel "at home" very quickly. It was an unforgettable summer for me.

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