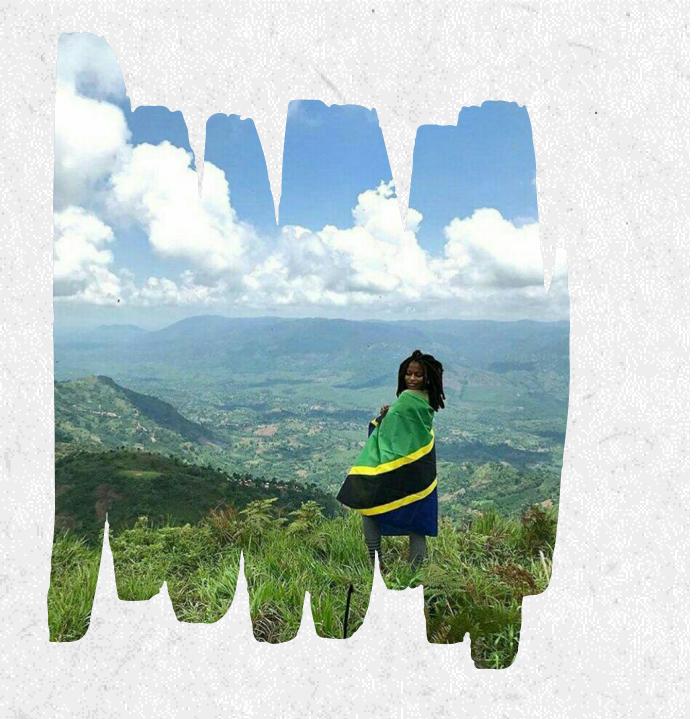
## SEP TANZANIA TAPSA

#### STUDENT EXCHANGE PROGRAM



## TANZANIA

Tanzania is one of the most beautiful countries in the world, inhabited by friendly and warm hearted people. It offers the experienced traveler the unforgettable beauty of nature, wildlife and beaches away from crowds, back to the essence. The spirit of Africa, simple and inspiring.



### STUDENT EXCHANGE PROGRAM (SEP)

Dear student, welcome to the students exchange program (SEP) Tanzania. TAPSA is excited to have you for the exchange program.

SEP is one of the biggest project in the International Pharmaceutical Students Federation (IPSF) since 1952 and Tanzania took part for the first time in 2016.

SEP in Tanzania is a breathtaking adventurous journey in which you will be able to practice your pharmaceutical skills, and learn through placements offered while enjoying the beautiful sun as you visit endless hotspots in the cities.

### **AVAILABLE PLACEMENTS**



- Hospital pharmacy at Muhimbili National Hospital
- Community pharmacy
- Industrial Pharmacy
- Research and Development Laboratory
- Tanzania Food and Drugs Authority (TFDA)



Dar es salaam (Bandari Salama)

NB: -All placements available only in Dar es salaam city. - Our SEP program runs from June to September.

## **ACCOMODATION AND EXPENDITURES**



- Exchange student can choose to stay at a student Hostels, Hotels , Apartments or family residence.
- Hotels costs from USD350 to USD500,
- Students Hostels costs USD150 per month. nn

NB: Accommodation costs will be paid by the exchange student.

For more information about Accommodation the student should communicate with SEO before arrival.

- Meal expenses for is approximately 10USD per day.
- Transport expenses To and from placement sites by Public Transport costs 2USD, Private transport (Uber) costs 8USD to and fro from placement sites. - City tour [around different places of Dar es salaam city] = 20USD per tour. - Tour to National parks like Mikumi, Serengeti, Ngorongoro, Katavi, Ruaha costs 85USD per tour. - Tour to National Museum in Bagamoyo 30USD per tour. - Tour to Zanzibar Islands 300USD for 3 days including accommodation. - Tour to Kilimanjaro Mountain and Meru Mountains 250USD for 3 days.
- Entertainment like cinemas, nHiking, Clubing, swimming, gym fee and other social events costs around 5USD to 15USD.

NB: Entrance fee varies in different attraction sites, Exchange students are required to contact the SEO for more detailed information

### **Visa application**



#### **International students**

TAPSA will provide an invitation letter to the incoming student assist in obtaining VISA. Then the student will be required to contact Tanzania consulate offices to get the VISA into Tanzania.

#### **East African countries**

Students will use the invitation letter to apply for the EXEMPTION CERTIFICATE at the port of entry.

NB: please make sure you contact Tanzanian Embassy in your country for VISA applications procedures as they may change or vary.

### **SOCIAL ACTIVITIES**

Tanzania is an East African country home to the continent's highest mountain-Kilimanjaro-and the world's second deepest lake, Lake Tanganyika and the famous Zanzibar Islands.

SEP Tanzania will take you to your favorite hot spots including wildlife tours to Serengeti-the home of lions, Ngorongoro crater, hiking-to the top of Kilimanjaro, beach tours and most importantly a three days tour to Zanzibar Islands.

Other social activities like city tours, SEP weekends, International night and sports will be there.





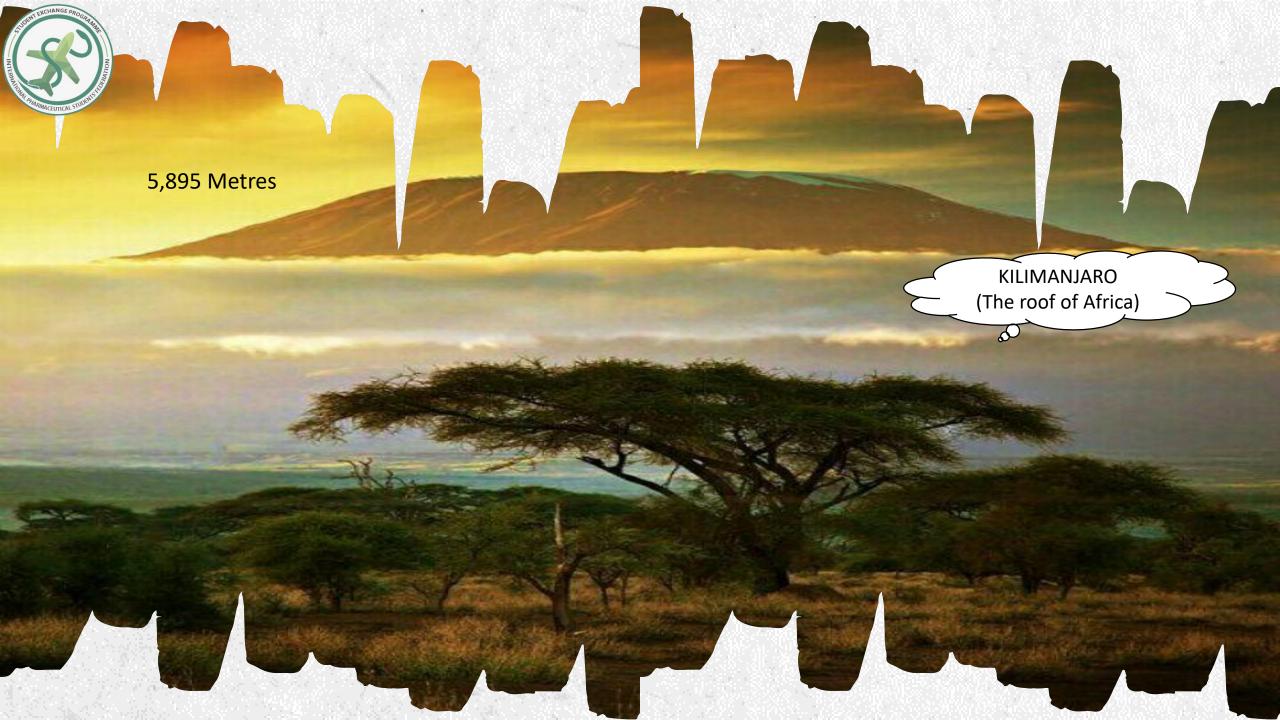
## Magoroto forests

Lake side campground in the East Usambara Mountains. For adventurous nature lovers to camp and hike. It's a natural rainforest reserve, great view and its really peaceful up there.



# Zanzibar Islands

Paradise on Earth as they call them. Zanzibar has a huge amount of variety from beach retreats to activities that it is almost impossible not to find a hideaway which suits your personal taste and budget.





## We Learn, Experience and Explore

Tiffany Tozer (SEPstudent) with Anania (SEO-2016) at the TOP of The Kilimanjaro mountain.





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