



# International Pharmaceutical Students' Federation

## NEWSLETTER

Special Edition

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IPSF Publications

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In this issue of the IPSF Newsletter SEP Special Edition you can read about those people who have worked on SEP throughout the whole year: the Chairperson of Student Exchange and the Student Exchange Committee.

### Nataša Nikolić, Chairperson of Student Exchange (Serbia)



My dearest IPSFers,

For the 4<sup>th</sup> Newsletter I've wanted to meet you with wonderful people that I'm working with in Student Exchange Committee. The whole year was inspiration because those people were helping me out and advising me. It is more than a pleasure to have so international committee which different approaches and ideas are improving SEP day by day. As someone who was first a ordinary helper of a SEO couple years ago and now as Chairperson, I may say nothing else but – join us, explore your potentials, because pharmacy doesn't have borders! As new SEP year will come soon, some SEC members were enthusiastic to share with you their experience working in Student Exchange Committee.

### Javier García Sánchez-Valdepeñas, FEEF (Spain)

I joined my local association in September 2003; I applied for SEP then and got a place in Budapest (Hungary) for July. Then I knew nothing about IPSF. I first got involved in the national association (FEEF) in April 2005, when I was chosen Contact Person for FEEF, then, in November I gained the Student Exchange Officer position for the 05/06 course. I have been CP since then, and I'm member of the IPSF Editorial Board and also treasurer for my national association, but what I liked the most out of IPSF was the Student Exchange Program, that's the reason why I became Student Exchange Committee member, trying to improve SEP in any possible field. What I liked the most while being SEO was the feeling of being able to do something for other pharmacy students. There is no doubt SEP and IPSF have much to offer you, so don't hesitate and get involved!



### Ioana Stupariu, FASFR (Romania)



You probably ask why am I here...Well, it's easy...After my first IPSF congress, way back in 2004, in Halifax, I got a chronic disease called "IPSF spirit". It's very important to mention from the very beginning that there is NO TREATMENT!!! Actually everything started in 2003 when I organised SEP with local association from Cluj-Napoca. It was definitely a unique experience. After 2 years of being SEO, I knew there are so many things to be done in SEP and couldn't just "leave". Last summer I was honoured by Natasa's invitation to be part of SEC this year, so here I am, here are all of us to support you, to improve things as much as we can! It's just you guys the ones that can make SEP one of the life experiences! SEP offered me the opportunity to meet new people, to make life long friends all over the world and uncountable unforgettable moments. Feel free to contact me or any of the SEC members with any comment or question you have about SEP!

### **Veronika Sumpichova, CPSA (Czech Republic)**

I am the vice president of foreign affairs in Czech Pharmacy Students' Association and the fourth-year-student of Faculty of Pharmacy at Charles University in Prague in the Czech Republic. I have been involved in IPSF for three years, but what magnificent time I have been having! I smelled the first IPSF atmosphere at the 52nd IPSF congress in Bonn, Germany and this experience absolutely „ate“ me ☺. Therefore I was SEO last year and this year I have been having a pleasure to work with Natasa Nikolic in a SEC team and this was really something! We gain so many interesting ideas altogether and actually make things happen which is fantastic to see and to do! Apart from IPSF I like to travel, getting to know new cultures and styles of life and I love to play my favourite music in a music club in my university town as a DJ! Mejte se moc hezky (have a great time)!



### **Sara Saelices, AEF-UB (Barcelona, Spain)**



I joined the association to participate in the IPSF Student Exchange Program in the USA. It was the summer of 2004, and after this first IPSF experience I got hooked by the IPSF spirit. From that moment I became part of the team which organised SEP in Barcelona, working as SEO assistant and arranging the Social Program for SEP students. Afterwards, in 2005-2006 I was the Student Exchange Officer and also the coordinator for Moving On II, and nowadays I'm still involved in IPSF as Contact Person, part of the Student Exchange Committee, Editorial Board and also Treasurer for my local association.

What else can I say? I just want to make sure you all know that Pharmacy is not just about studying, there's much more to learn and to enjoy, and lots of great people to meet out there! Don't forget what IPSF is all about ☺ !!

### **Anna Szekeres, HUPSA (Hungary)**

I started to take part in SEP after my first year so in the summer of 2004 as a CP for 2 weeks. I really enjoyed that, so next year I applied for the position of SEO. The following year, I started to be an official member of SEC. This year the current president of HUPSA and I will spend this summer with incoming students. The reason why I like working in SEC is to take an active part in improving SEP and to have a better overview of SEP itself.

It is a great experience to be part of this amazing group and I got to know so many professional and really respectful people, who work really hard just to do some things for other pharmacy students and IPSF members. It encourages me in my own work too, to see how these students have energy and time, beside all their studies and work, to do some voluntary work. I took part in SEC meeting in Hradec Kralove in 2006 and it was an unforgettable memory as beside all the work we had to do we took part in social programmes and had so much fun:). I would like to work in SEC and taking active part in our local SEP as much as I can in the future as well and hope some of these friendships will last for long. I can only recommend to everybody to try to join this team or to take part in SEP as these are the experiences and memories that will stay forever.

