

EXECSO708 FAREWELL



Name: Mary Poon
Country: Australia
Association: National Australian Pharmacy Students' Association (NAPSA)
Age: 22
Immediate position: Still the Secretary-General!
Number of IPSF congresses attended: 3
Why did I join IPSF: I became a member when I joined my local association – best decision!
When I fell in love with IPSF: At my first APPS event, 4th APPS Tokyo!
What did I learn: International pharmacy, pharmacy profession, diplomacy and what hard work really is!
What will I miss: My first Exec team!!
I love... mangoes, home-cooked meals, tea,

hanging out with friends, sleep-ins and Sunday mornings!

I dislike...transit time in airports
My future steps will be.. work as pharmacist in hospital and community pharmacy

I see myself in 10 years... married with children....? Hopefully I would have done a bit of travelling, and also have my own home if I'm lucky.

My message to IPSFers is... There are many levels to which you can get involved with IPSF, so what you put into IPSF, you will get in return. Getting involved with IPSF is a once in a lifetime opportunity, and it will give you opportunities that you won't get anywhere else. Make the most of your student days – work hard, play hard!



Name: Neveen Abdelghani
Country: USA
Association: APhA-ASP previously, but now an IM
Immediate position: IPSF Chairperson of Public Relations
Number of IPSF congresses attended: 4
Why did I join IPSF: Although I became a member of IPSF when I joined my student association, APhA-ASP, my decision to get active with IPSF was an attempt to bring added meaning and international perspective to my experiences in pharmacy school.
When I fell in love with IPSF: While attending the 52nd IPSF World Congress in Cairns, Australia, July 2006
What did I learn: Just when I thought that I could not possibly handle anymore of life's dramas and stressful situations, somehow, I did...it is true that we are never given a load greater than what we can bear, so have faith in yourself and know that with every hardship, there comes relief and a light at the end of the tunnel!
What will I miss: Crazy, yet mega productive exec meetings, hanging out with my CPs, RROs, and fellow Execs (also known as some of my BEST friends), and seeing a million emails in my inbox everyday!

I love: volunteering for non-profit organizations, being an advocate for basic human rights that include access to medications, singing, traveling, coffee, cosmetics, and of course, parties with plenty of glamour and PR!

I dislike: very little – I'm an optimist, remember?

My future steps will be: Obtaining a job that allows me to be a spokesperson for children; health and human rights; and medication access, especially as it relates to vital HIV medicines. I also hope to continue my professional activism by getting involved with the Young Pharmacists Group (YPG) of the International Pharmaceutical Federation (FIP).

Where do I see myself in 10 years: Oh dear, I cannot even see where I'll be in a month! But okay, seriously, I would love to be working for an international health organization like the WHO. Having a family would be great, too!

What is my message to all IPSFers: Dare to dream and dream big. Never be intimidated or discouraged if you are told that something cannot be done – this only means that it has not yet been accomplished! And above all, never forget that your contributions, whether big or small, absolutely do matter and can change the world!





Name: Juha Mönkäre
Country: Finland
Association: Finnish Pharmaceutical Students' Associations (FiPSA)
Age: 25
Immediate position: Treasurer
Number of IPSF congresses attended: 5
Why did I join IPSF: I didn't especially joined IPSF as I became member as soon as I started my studies.
When I fell in love with IPSF: In Halifax 2004, my first IPSF Congress
What did I learn: A lot about pharmacy, internationalism and myself

What will I miss: International contacts
I love... pizza
I dislike... mushrooms
My future steps will be.. finish my PhD in a couple of years
I see myself in 10 years... as 35 years old man, who knows where...
My message to IPSFers is... I think everyone's input is needed in IPSF, all of you can benefit IPSF, and also at the same time gain something for yourself too. Keep up working for the benefit of patients, pharmacy students, pharmacists and IPSF!



Name: John Nguyen
Country: Australia
Association: National Australian Pharmacy Students' Association (NAPSA)
Age: 23
Immediate position: Chairperson of Professional Development
Number of IPSF congresses attended: 3 World Congress and 4 APRO APPS
Why did I join IPSF: because I felt welcome and loved the energy and spirit at my first congress in Bonn 2005!
When I fell in love with IPSF: being at my first Bonn congress, looking around the GA room of international people coming together in one room and seeing how emotional the executives were during their reports... and how much it meant to member organisations to gain membership into IPSF...it really opened my eyes there is real passion here for something so pure and genuine!
What did I learn: how there are like-minded, passionate young people out there! All over the world and all playing our part in small ways which make a big difference!!
What will I miss: living like a family with the exec in the small IPSF flat in Den Hague!
I love... Mary... I mean, Juha... just having fun with like-minded international friends and smiling at the end of days hard work! :D

I dislike...not having fun when it's supposed to be fun!
My future steps will be.. ask me in the future ;)
I see myself in 10 years... just happy wherever I am, with good friends and family. Not rich, just happy Also see Mary's profile haha
My message to IPSFers is... this should be the most enjoyable time of your life! Life is what you make it... I believe we etch our own paths. Put your hand up and take opportunities as they come! Some are what you never see yourself doing, but the first-ever piece of advice I got with my IPSF position from Anna (Thailand, ChP APRO 2004-05) "Just do it... think later!" and she was right, till now even running for IPSF Presidency, just follow your instincts, don't worry about the time or money (that will always be a problem always in life) as long as you have spirit for it the rest will fall into place! And you will find yourself amongst great people who probably made the same rewarding sacrifice, working hard for something they believe in too. And I wish to greet all new-coming IPSFers to the scene, you never know who's going to be looking after the succession one day, and I hope to be as welcoming and warm to newcomers as the predecessors were for me. So please be in touch and good luck ahead! Live on!



Name: Tedy Rusdiana
Country: Indonesia
Association: HMF 'Ars Praeparandi' ITB
Immediate position: IPSF Chairperson of Publications 2007-08
Number of IPSF congresses attended: 1
Why did I join IPSF: My association is MIA of IPSF, but honestly I didn't know why, I just follow my heart.
When I fell in love with IPSF: Don't rely understand about this feeling, I just feel it
What did I learn: Leadership, management, organization, honor, respect and more importantly friendship
What will I miss: Execs 2007-08
I love...my beloved Execs, apple, and potatoes

I dislike...to say goodbye
My future steps will be...continuing my study, getting job, and get rich :D
I see myself in 10 years: As a man...successful man (whatever and wherever my job is), with lovely wife and kids, maybe traveling all around the world to visit my lovely friends.
What is my message to all IPSFers:
 I hope all of you get the best experience in the IPSF. Your contribution to the IPSF means a lot, whatever your contribution is, so don't be afraid to express yourself in the IPSF. Hopefully IPSF will get bigger and bigger, and give more contribution to the world for a better world.





Name: Anca Pop
Country: Romania
Association: FASFR
Age: 24
Immediate position: Chairperson of the 54th IPSF Congress Reception Committee
Number of IPSF congresses attended: 4
Why did I join IPSF: as a newly appointed CP, I was sent to Germany (I had heard a lot of things from the previous CP, so I was quite excited to go)
When I fell in love with IPSF: 2006 - Cairns, Australia
What did I learn: I learned that we cannot even imagine our limits.

What will I miss: exec meetings
I love: drinking coffee, chocolate croissants & attending rock concerts
I dislike: waking up early
My future steps will be: PhD in toxicology & residency in laboratory
Where do I see myself in 10 years: somewhere with 2 kids (hopefully boys) and a rising career
What is my message to all IPSFers: Enjoy every IPSF or non-IPSF experience at maximum!



Name: Veronika Sumpichova
Country: Czech Republic
Association: Czech Pharmacy Students ' Association
Immediate position: IPSF Chairperson of Student Exchange 2007-08
Number of IPSF congresses attended: 4
Why did I join IPSF: Because my heart beats in the rythm of enthusiasm, hardwork and friendship - IPSF gathers it all!
When I fell in love with IPSF: This was the love at first sight that lasts forever!
What did I learn: I learned that without courage, all other virtues lose their meaning.
What will I miss: sleepless nights when replying to your e-mails with my Mum switching off my laptop when i go to the kitchen :-)

I love...my SEOs and LEOs, they are amazing people! Plus...Starbucks cappuccino as a surprise in the morning, marmite and Barcelona.
I dislike...to leave you all!
My future steps will be...completing studies, getting the job, earn some money and..see you all in Bali!
Where do I see myself in 10 years: In my house on the beach hosting bunch of IPSFers comming for the visit!
What is my message to all IPSFers: When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us. (Helen A. Keller) Keep your eyes opened so you do not miss the opportunity for your lifechanging experience!



Name: Suresh Panthee
Country: Nepal
Association: Just graduated
Age: 24
Immediate position: Chairperson of Pharmacy Education
Number of IPSF congresses attended: 1
Why did I join IPSF: I found IPSF, like myself, keenly involved for the betterment of pharmacy profession
When I fell in love with IPSF: Don't know the exact date.... it was few years ago
What did I learn: Pharmacy in a global scenario, Interpersonal skills, and my potentials
What will I miss: The teamwork with IPSF Exec I love... running water, sea, surfing internet,

pudding
I dislike...blackmails, lies and lack of commitment, boiled egg
My future steps will be.. joining Biomedical Science PhD program at Tokyo Medical Dental University
I see myself in 10 years... with my family and as a researcher involved in academic institution.
My message to IPSFers is IPSF is a great platform where we can sharpen our skill and potential contributing for the overall development of pharmacy profession. Let's work hand in hand with IPSF spirit, making small changes on our own that will make a huge difference when kept together.

