

Introduction to The Student Exchange Committee Members

Dear IPSFers!

It is my pleasure to introduce our enthusiastic members of Student Exchange Committee (SEC) to you!

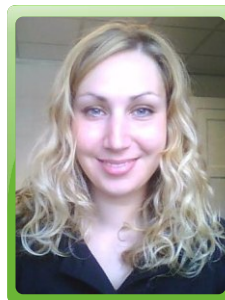
This team of experienced SEOs have been working really hard this year in our IPSF Student Exchange Programme. In this special Newsletter you can find their short introductions as well as short article about our SEC annual meeting that took place in Barcelona, Spain. Let me use this opportunity and express my thanks to all of the members of the team for wonderful job!

Official IPSF Student Exchange Committee members:

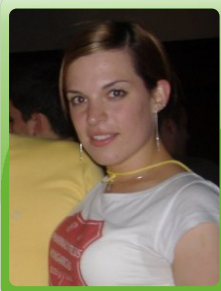
- Miss Alexandra Bartal (HUPSA Hungary)
- Miss Kerstin Heyder (BPhD Germany)
- Miss Katharina Stutz (ASEP Switzerland)
- Miss Sara Saelices Prellezo (AEF-UB Spain)
- Mr. Javier García Sánchez-Valdepeñas (FEFF Spain)

Unofficial IPSF Student Exchange Committee members:

- Miss Núria Mur Blanch (AEF-UB Spain)
- Miss Nataša Nikolić (NAPSer Serbia)
- Mr. Slaviša Stojković (NAPSer Serbia)
- Miss Anna Szekeres (HUPSA Hungary)
- Mr. Janusz Gawlik (YP Poland)



Veronika Sumpichova, Czech Republic
Chairperson of Student Exchange



Alexandra Bartal
HUPSA, Hungary

Alexandra Bartal recently graduated at Semmelweis University, Budapest, Hungary. She was introduced to IPSF SEP in 2003, when she volunteered to take on the contact person position for the exchange students who arrived at the Hungarian capital, and fell in love with the spirit of the programme. Prior to becoming a SEC member in 2007, she was SEO of Hungary in 2003-04, 2006-07 as well as 2007-08. She completed a four-week placement in the United States in 2004.

As a member of the Student Exchange Committee she has had the chance to put new ideas into action and work together with amazing and energetic colleagues. She feels

that it is important to improve this amazing programme, and with the guidance of brilliant chairpersons she has witnessed impressive development in the past couple of years.

The experience she got from IPSF made Alexandra determined to continue being an active member of international pharmaceutical associations.

IPSF is the best place to meet other pharmacy students or young pharmacists, exchange professional and cultural experiences, make friends and widen your general knowledge; briefly it is the best thing that can happen in a pharmacy student's life.



Kerstin Heyder
BPhD, Germany

Being in her last year of pharmacy-studies, Kerstin Heyder from Jena in Germany, will soon start her compulsory internship in a pharmacy-industry. It was two years ago when she first decided to attend the IPSF Congress in Cairns, and there she experienced the great spirit of IPSF.

It did not take longer than a month until she desired to become a SEO for Germany and actively help IPSF-SEP to grow. For almost two years she has been working as a SEO and since last IPSF Congress in Taipei, she joined the IPSF Student Exchange committee.

Working together on a great international project with many lovely and enthusiastic people from all over the world definitely is one thing she would not want to miss. She has made a lot of friends and gained even more experiences for her life. She could help some SEOs establish SEP in their country and together with the wonderful SEC team she is still trying to make SEP even bigger and better.

Once you got caught by the IPSF spirit, you never want to separate from it again. And for sure these experiences last for a lifetime.



Katharina Stutz,
ASEP Switzerland

Katharina Stutz is from Switzerland, the country of cheese, chocolate, watches and the Alps. She is currently studying third year pharmacy at the ETH Zurich (Swiss Federal Institute of Technology).

She became involved in IPSF as a Local Student Officer (LEO) soon after the start of her studies. Then, she went on to become the Student Exchange Officer (SEO) of Switzerland and afterwards a Student Exchange Committee Member. Beside her activities in IPSF, she was involved in her national pharmaceutical association (asep) and also in many projects of Pharmaciens Sans Frontiers (PSF).

Since she has been elected as a SEC member at the last IPSF congress in Taipei, she has experienced a year full of interesting tasks and meetings, with new contacts and friendships.

Being a SEC member gave her the opportunity to work at the front of IPSF activities. Especially the project of helping establishing a new or better Student Exchange Project in different countries has been to her liking.

The IPSF virus has casted a spell over her ever since her first IPSF congress in Cairns, Australia 2006.



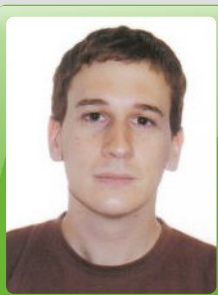
Sara Saelices Prellezo,
AEF-UB Spain

Graduated from Pharmacy School in the University of Barcelona on June 2006, and currently working as Clinical Research Associate for Pharmaceutical Industry, Sara Saelices Prellezo began her collaboration with IPSF quite a long time ago.

Her first contact with IPSF was in 2003, when she applied to participate in the Student Exchange Programme. This wonderful experience made her want more and more of IPSF, so she joined her local association and started a new challenge. She became SEO assistant in 2004, arranging activities for students and working to improve SEP. A year later, she was SEO and coordinator for the

Moving On II project in Spain. On 2006, still feeling IPSF spirit, she was elected treasurer for AEF-UB, as well as Contact Person, Student Exchange Committee and Editorial Board member. Today, four years later, she's still around in these positions, working with lots of great people, those you might know as IPSFers.

After attending 3 congresses, Bonn, Cairns and Taipei, she felt the work done during the years and the people she worked with were even better than she thought. So, why would someone want to miss this opportunity? I guess IPSF is just the beginning of those good things life has waiting for all of you!



Javier García
Sánchez-Valdepeñas,
FEEF Spain

He studied his Pharmacy degree in Alcalá de Henares (Madrid), where he joined the local association in September 2003; at that time he applied for SEP and got a place in Budapest, Hungary. At that time, he knew nothing about IPSF. He first got involved in the national association (FEEF - Spain) in April 2005, when he was chosen Contact Person for FEEF, then, in November he gained the Student Exchange Officer position for 2005-06. He has been CP since then, and he is member of the IPSF Editorial Board (since 2006), but what he enjoyed the most out of IPSF was the Student

Exchange Program, which was the reason why he became Student Exchange Committee member (he is now a SEC member for second year), trying to improve SEP in any possible area. He has attended two IPSF General Assemblies: Cairns '06 and Taipei '07 where he got to know many other IPSFers.

What he liked the most whilst being SEO was the feeling of being able to do something for other pharmacy students. There is no doubt SEP and IPSF have much to offer you, so don't hesitate and get involved!



Núria Mur Blanch,
AEF-UB Spain

Núria (affectionately called Núri by her friends) had her first contact with IPSF in the summer of 2004, when she participated in the IPSF Student Exchange Programme in Portugal, after which she joined her local pharmacy students' association, AEF-UB Spain as a SEO assistant. Since then, she's been involved in different activities. Currently, she's both the President and the Student Exchange Officer for AEF-UB (for her second year), as well as the Secretary General for FEEF Spain and member of the IPSF Student Exchange Committee. She has attended two IPSF Congresses, Bonn '05 and Taipei '07.

Núria graduated with her Bachelor's Degree in Pharmacy in September 2006 and she's currently finishing her second PhD year at the School of Pharmacy of the University of Barcelona, Spain, focusing her research in the synthesis of antitumour compounds.

Being part of SEC, Núria's passion for IPSF has grown, giving her the chance to familiarise with the ins and outs of the Federation. However, the best IPSF experience for her is having made friends for life! Be careful, there's something addictive in being part of IPSF!



Slavisa Stojkovic,
NAPSer Serbia

Slaviša Stojković had graduated from the Faculty of Pharmacy, University of Belgrade in 2007. He is currently attending a post-graduate program specialising in Pharmaceutical Care.

His first involvement in IPSF was in 2005 with the Moving On II project, as NAPSer (National Association of Pharmacy Students - Serbia) Pharmacy Education Coordinator. His engagement with SEP started in late 2005 as a host for an exchange student from Latvia, which encouraged him to experience this program himself. He spent one month in Indonesia, practicing at the Division of Pharmacology - Clinical Pharmacy, School of Pharmacy, Institut

Teknologi Bandung, which was, he likes to say, the summer of his life. After that, in late 2006, he became a SEO and two years afterwards, a member of the Student Exchange Committee.

Working as a SEC member gave him an excellent opportunity to work with different people, to lead new associations through the student exchange program, to solve problems occurring in SEP and managed to be creative and innovative.

Being active in IPSF's program is something everyone needs to try. It is a magnificent experience and a great chance to make long lasting professional contacts and wonderful friendships for the whole life.

Dear IPSFers,

I'm sure you all have taken a look at the Student Exchange link of the IPSF website. Have you read it carefully? It says at the very beginning that close to 50 associations throughout the world participate in SEP and over 500 international exchanges take place every year. And now imagine how hard it may be for the Chairperson of the Student Exchange to coordinate and keep an eye on this in order to ensure a smooth and fair running of the programme!! Yes, it's not an easy job, but, fortunately, the Chair counts on the Student Exchange Committee to help her out in anything she might need.

The Student Exchange Committee members are appointed by the Chair and their main duty is to watch over SEP and, to support and provide guidance to the Chair.

And what have we been doing all year through, you might be wondering. Well, there are so many things that I don't even know where to start!

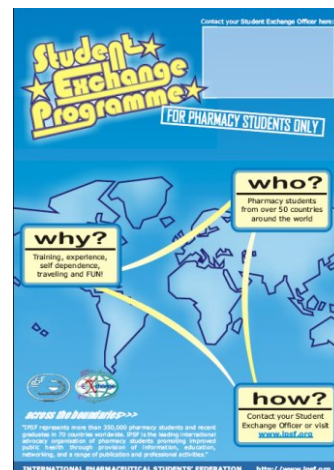
- ➔ We've had online meetings on the internet.
- ➔ We've coordinated the Big Sister Project, helping and giving advice to SEOs from new associations and SEOs from well-established associations who received an inadequate handover from their predecessors.
- ➔ We've carried out different tasks under Veronika's supervision: keeping the SEP Training Manual and SEP Domestic Rules up to date and implementing some changes, as well as updating the SEP Evaluation Form; gathering articles for the SEP Newsletter; creating promotional materials for SEOs and hosts; taking part in the creation and development of our new SEP database and much more!
- ➔ We've helped Veronika and the Development Fund Coordinator, Anne-Marie Kenny, with the DF Grant awarding.

➔ And last but not least, WE HAD THE SEC MEETING! After such a long time exchanging emails and getting to know each other through them, we had a SEC meeting from 4-6 April and it was held in lovely Barcelona, Spain! Javi (from Madrid), Sara and I, (from Barcelona, were the small reception committee. It was great having the chance to meet each other personally and finding out that we are not only mates in IPSF but we've also become friends. There was time to work (always supplied with tones of chocolate), to treat our guests with our typical specialties (of course, home-made Sangria and Spanish omelet were not missing), there was time for tourism (I had never visited Barcelona in such a short time, trust me :) and above all, there was time to laugh, to joke and to have a great time together!!

Aren't you excited to become SEC members next year? Think about it!!

Yours in SEC,

Núria Mur Blanch
Student Exchange Officer 2006-08
AEF-UB Spain



New SEP Leaflet