



International Pharmaceutical Students' Federation



NEWSLETTER

Special Edition

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IPSF Publications

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In this special issue of the Newsletter you can read about the Student Exchange Programme from various perspectives. Live through all the international experiences, adventures and fun! Enjoy the Newsletter!

See you all in Singapore!

Maggie Chan and Seah Xue Fen, 45th and 46th Student Exchange Officer, NUSPS



This year, the 45th International Relations Committee (IRC) successfully hosted 8 foreign students on IPSF Student's Exchange Programme.

The exchange students from France, Netherlands, Switzerland, Romania, United Kingdom, Germany and Slovenia were placed in several hospitals, polyclinics under National Health Group, and Guardian's community pharmacy for their work attachment, which ranged from 3 weeks to about 2 months. Some of them were hosted in a pharmacy graduate's place and at BlangahLoft; the hosts were delightful and took such good care of all of them!

We had games in Sentosa, trips to the Zoo, Pulau Ubin, Clarke Quay and into town; explored Chinatown and other tourist attractions. The students were also shown around NUS and even sat in with the year 3s in their lectures and the year 2's dispensing lab! And of course not forgetting - indulging in our local delights!

The students' enthusiasm and keen interest in the Singaporean lifestyle were sure infectious - all of us had so much fun bringing the students around Singapore, getting to know them and more about pharmacy education and life in their countries! We look forward to hosting more students the coming year!



Serbian student in Nepal - "They've got it all"

Savic Andjelija, Student of Belgrade University, Faculty of Pharmacy, Serbia

My wish for Nepal (October/November 2006) was based on my personal interest and Nepal's large potential for educational training and touristic sightseeing.

I started my Hospital Training in Dhulikhel Hospital - Kathmandu University Teaching Hospital, and I attended Morning Conference everyday. Then I participated in Clinical Rounds at Medical, Pediatrics, Gynecology, Ortho and Surgical wards daily. I had training in drug dispensing, compounding and case studies also. I was in a community pharmacy in Kathmandu run by graduate pharmacists where I got acquainted with Good Dispensing Practice principles.

I had industry pharmacy training in Omnica Laboratories Private Limited, a pharmaceutical industry in Bhaktapur. I visited Manufacturing Units, learning about basic principles of manufacturing organisation, documentation and processes. I did drug analysis myself in Quality Control Department and had practice in Microbiology assays in the industry.

I spent enjoying innumerable touristy attractions in rest of the time. I travelled all over Kathmandu valley where I visited Kathmandu Durbar Square, Thamel, Swyambhunath (Monkey Temple), Patan, Bhaktapur Durbar Square, Namobuddha temple, Panauti and many more. I also visited Royal Chitwan National Park, a park registered in UNESCO World Heritage, and Manakamana temple. I went to Pokhara where I spent four days with sightseeing, visiting another pharmacy college of Pokhara University and two days trekking to Ghandruk.

From the first day of my stay in Nepal my time was well organised and interesting. Everybody was very kind and friendly to me, which made my stay very beautiful, useful and memorable.

SEP in Nigeria - A New Day

John Okikiolu, Student Exchange Officer of Nigeria 2006-07



The night I was elected SEO for Nigeria, little did I know I was setting out on an uphill task. Shortly after being elected, the challenges started to flow in. Finally after a while I got hooked to the SEP chairperson and that moment marked what would be referred to as the birth of an excellent SEP in Nigeria. She was extremely helpful in assisting me catch up on the program and I cannot but acknowledge that and be very grateful to her. We had to start making arrangement to get host sites, arrange for accommodation, design a good social program etc. We wrote a simple article to send to all SEOs to let them know that Nigeria is now a place to be in terms of SEP in Africa. This was done and I must say it has been quite helpful.

In the mist of the whole thing, what gladdens and excite me most is the thought of sharing Nigeria with pharmacy students worldwide and offering them an awesome experience here and also seeing doors of opportunity open for Nigerian students to go for SEP abroad. That has been my motivation so far. The future is bright, the baby is growing and we are committed to seeing it mature. Soon Nigeria will be choice destination for SEP to get that unique African experience.

Presently the SEP in Nigeria has been designed so that students will have a fulfilling experience professionally and socially. There will be a maximal interaction with the Nigerian people (Happiest in the world) and there will be visits to selected tourist attraction sites. As you will get to know, Nigeria has a rich and diverse culture and she is also blessed with numerous breathtaking sites to behold. Selected sites for visit include: Ikogosi warm and cold spring, Olumo Rock, Birikisu Sugbon Shrine (Birikisu Sugbon was otherwise regarded as the biblical Queen of Sheba. Her tomb and shrine is fast becoming the "Mecca" of Nigeria), Erin-jesha water falls and Ibadan University Zoo.

These sites have been carefully selected to such that it will enable the student do some travelling around to enjoy a feel of a few different states of the otherwise large country. You will definitely love and relish the experience.